Randolph-Macon College
Ashland, Virginia
Office of the Dean of Students

Don't Cancel Class/Invite a Guest Speaker

R-MC offers a variety of programming and workshops taught by experienced Student Affairs professionals. Perhaps you are going to be out of town or something unexpected occurs: instead of cancelling your class, consider augmenting your curriculum with one of these educational opportunities. Alternatively, perhaps you are simply searching for a guest speaker? Please contact the instructor directly to arrange for a class visit.

Title	Instructor	Program Description
Alcohol 101 Or . . . Everything you need to know about alcohol use if you are going to be 21 some day	Randi Buerlein randibuerlein@rmc.edu Ext. 7270	This interactive class looks at what any young person should know about responsible use of alcohol. The class will cover brain development and alcohol use, blood alcohol content (BAC) and how to control it, strategies for responsible use of alcohol, and what to pay attention to if you have friends who are drinking. 45-90 minutes.
Your R-MC Office of Campus Safety	Maurice Kiely and Lt. James Shelhorse mkiely@rmc.edu Ext. 4710	This class will outline the history of the Office of Campus Safety at Randolph-Macon College, with a description of the services that we provide to the community. Also will include a segment on the joint, collaborative effort between the Ashland Police Department and the R-MC Campus Safety Office to keep our community as safe and secure as possible. 1 hour.
Your Co-Curricular Transcript: Why it is Important?	Jayme Watkins jaymewatkins@rmc.edu Ext. 3207	The Co-Curricular Transcript is designed to highlight a student's out of classroom experiences. It is the official record of a student's leadership and involvement accomplishments. This program will show students the benefits of having a Co-Curricular Transcript and how OrgSync can assist in developing their own Co-Curricular Transcript. Through this program students will learn the importance of the out of classroom experience, as well as how to promote that in future endeavors.
What's Diversity Got to Do with It?	James McGhee jamesmcghee@rmc.edu Ext. 3736	In a time of Barack Obama and multicultural reality show casts, many students may find themselves wondering about the relevance of diversity as a social issue in today's world. This highly interactive presentation will assist students in understanding why diversity remains a relevant topic, and how it can relate to their experiences. 1-2 hours.
The Buzz on The EDGE	Linda Carne lindacarne@rmc.edu Ext. 1534	Captures the necessary steps to establishing a plan for post- R-MC life. Appropriate for all class levels, the course outlines the 12 tiered skills required for successful career or graduate school endeavors and the resources available to students to mold those skills. 60-90 minutes.
Self-Assessment on The EDGE Career Beam	Cathy Rollman crollman@rmc.edu Ext. 7340	Targeted to all class levels/majors, this program provides resources for students to identify interests, talents and passion, matching them with potential careers. Values and personal characteristics play an important role in career satisfaction and are explored in this hands-on technology session. 60-90 minutes.

Don't Cancel Class/Invite a Guest Speaker

Title	Instructor	Program Description
Financial Literacy 101	Linda Carne lindacarne@rmc.edu Ext. 1534	Targeted to all class levels/majors, the purpose of the presentation is to help students understand what they owe before they owe it. Topics include financial basics, debt management, and tips on earnings estimation for a wide array of careers. Helping students to make informed choices with simple, useful, and motivating financial information. 60 minutes.
Healthy Career Choices	Kara Daniel karadaniel@rmc.edu Ext. 3041	Broad overview of health related careers. 45 minutes.
Top Questions in College Health	Kara Daniel karadaniel@rmc.edu Ext. 3041	Top questions in college health will be answered, including such questions as: Do you know how many sexually active females ages 13-21 carry HPV? What works and what does not with the flu? Is my drink safe at parties?
Life According to Calvin (and Hobbes): Examining How We Learn to Value	James McGhee jamesmcghee@rmc.edu Ext. 3736	A synopsis of Calvin and Hobbes cartoons by Bill Watterson reveals a consistent worldview, filled with values and priorities, as well as a systematic presentation of these values. In this presentation, students will be challenged to consider both what they value and how they have come to hold those values. Lastly, we will set the groundwork for judging those things we value relative to different standards available to us. 40-55 minutes.
Online Safety and Cyber Security for College Students	Rodney Bardwell, Maurice Kiely, and Wade Felty Ext. 4722 rbardwell@rmc.edu wfelty@rmc.edu Ext. 4710 mkiely@rmc.edu	This class will outline the dangers out there in Cyberspace facing today's college students. Topics will include dangers of online harassment and cyberbullying, privacy settings on social networking sites, and hazards of peer-to-peer file sharing. Another important topic will include the problems of online identity theft. Students will be given information on avoiding unintentional disclosure of personal information over the Internet. Students will also learn how to contact law enforcement agencies to report online crimes and what information they should save to accurately report as much detail as necessary to law enforcement. 1 hour.
True Colors: Personality & Teamwork	James McGhee jamesmcghee@rmc.edu Ext. 3736	This session is designed to help students understand aspects of their personality and how these aspects affect their communication with others in a group setting. Students will learn how to work better as classmates and in groups by acknowledging the different strengths that each individual brings to a given situation. 1.5-2 hours.